

ouvenir



**Federated Association of
Letter Carriers' Convention**

✱ ✱ Held at HAMILTON, ONT., 1918

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Convention Souvenir

of the

Federated Association of Letter Carriers

THE POSTMAN

I am the postman; I carry
The news, good and bad,
To a waiting world.
I am no respecter of persons;—with no power
of choice I bring
The message of the lover, and likewise
The blasting breath of the scandal-
monger;
The wisdom of the philosopher,
The song of the poet, and
The music of the sweet singer.
I leave also at its destination
The blatant noise of the fakir, the Montebank,
And the false philosopher.
Tidings that bring boundless joy
And peace, and the message that strikes
Terror to the soul and makes the reason
To totter and reel,
Are side by side in my pack.
I am the bearer of tidings,
Good and bad; the message of
Life and death, of success and failure;
And of joy and despair.
I am the patient, unfeeling, indifferent
Messenger of good and evil;
I am the postman.

*A Letter
For You*

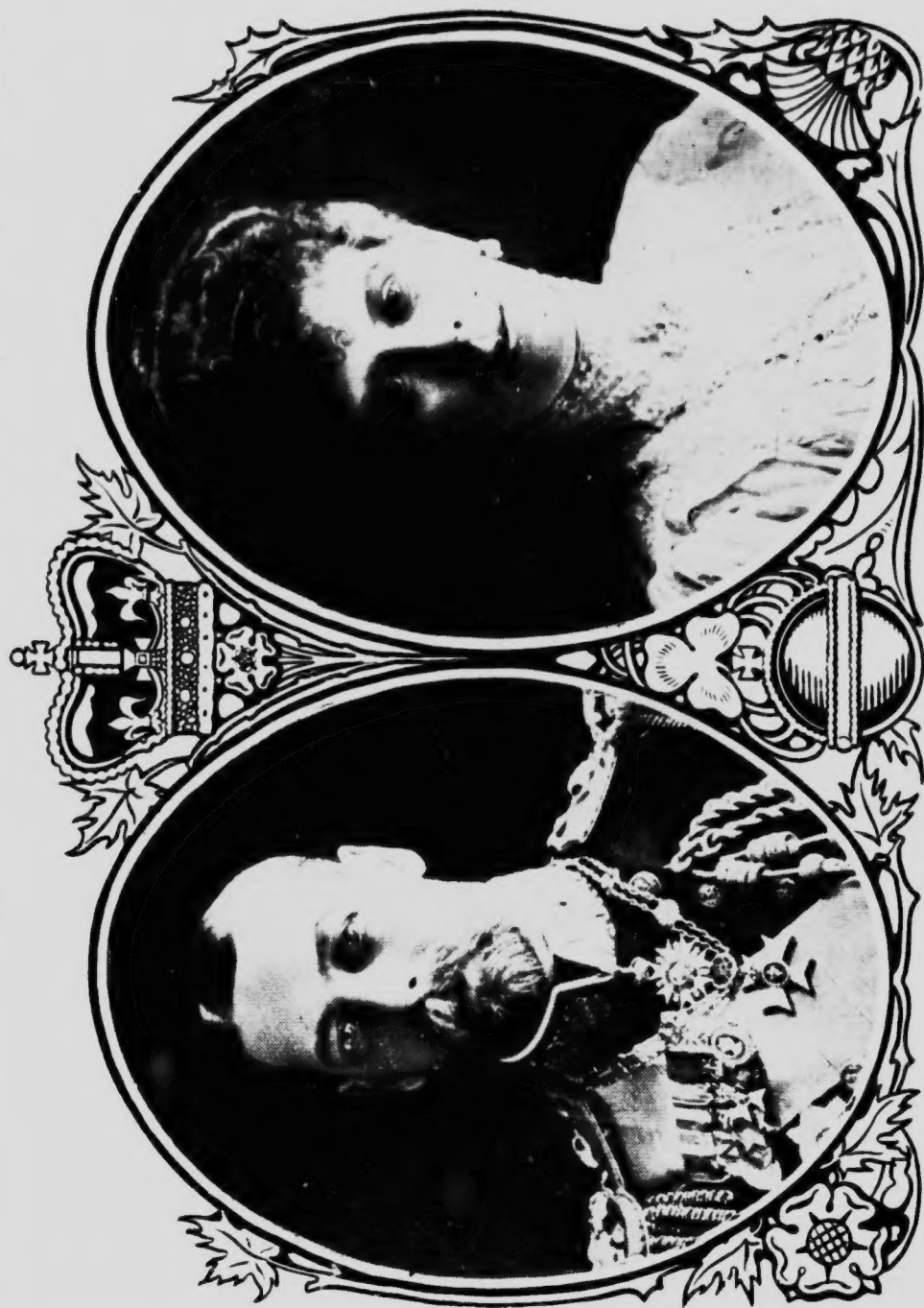
—BY C. M. CAKES



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September, 1918



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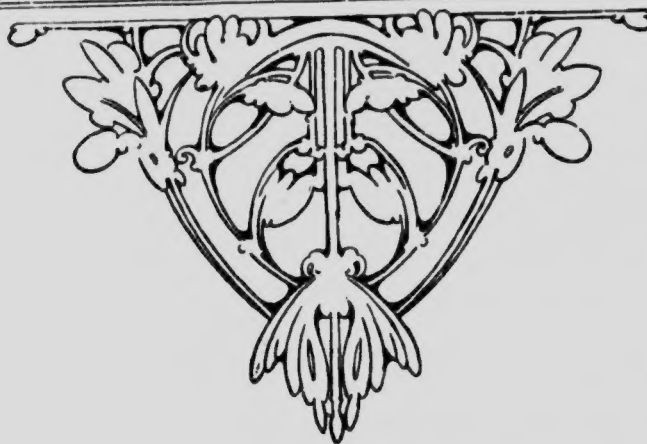


FOREWORD



THE Officers and Members of Branch No. 3, Hamilton, wish to express their very sincere appreciation of the kind co-operation shown by the many Business Firms and others who have so ably assisted in making this Souvenir a financial success.

To all our Patrons we extend hearty greetings, with every good wish for their prosperity, it being our aim to work hand in hand with them for our mutual benefit and the welfare of our great Canada.



THE ROYAL BANK OF CANADA

Incorporated 1869

CAPITAL AUTHORIZED \$25,000,000
CAPITAL PAID UP \$14,000,000
RESERVE and UNDIVIDED PROFITS \$15,000,000
TOTAL ASSETS \$365,000,000

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 E. L. Pease, Vice President and Managing Director
 C. E. Neill, General Manager

162 Branches in Canada and Newfoundland.
 39 Branches in Cuba, Porto Rico, Dominican
 Republic, Costa Rica and Venezuela.

BRITISH WEST INDIES:

Antigua—St. John's; Bahamas—Nassau; Barbados—
 Bridgetown; Speightstown; Dominica—Roseau;
 Grenada—St. George's; Jamaica—Kingston;
 Montserrat—Plymouth; Nevis—Charlestown; St.
 Kitts—Basseterre; Trinidad—Port of Spain, San
 Fernando; Tobago—Scarborough; British Guiana
 —Georgetown, New Amsterdam, Rose Hall; Cor-
 entyne; British Honduras—Belize; Spain—
 Barcelona.

LONDON, ENG., Princes St., E.C.
 NEW YORK CITY, Cor. William and Cedar Streets
 Savings Department at all Branches.

COLLECTIONS in Canada, Cuba and West Indies
 receive careful attention

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And 235 Branch Offices in the principal Cities
 of the

United States, Canada, Europe
 and Australia

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Toronto Hamilton Quebec Montreal
 Ottawa London Winnipeg Halifax
 St. John Regina Calgary Victoria
 Edmonton Lethbridge Moose Jaw
 Saskatoon Vancouver

H. G. KELLY, DISTRICT MANAGER.

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is an organization authorized
 by law to act as Trustee for
 the management and care of
 property. The trusts which
 it can execute are many, and
 the fields of its operations
 are broad. In fact, within
 certain limitations it can
 practically do anything the
 individual can do, and can
 do it more effectively, more
 economically and more safe-
 ly.

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The World's Standard Timepieces.

The watch
 that you carry
 must keep per-
 fect time or it
 does not fulfil
 its purpose.

**Waltham
 Watches**

have been
 made for six-
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 there are over
 19,000,000 in
 use giving
 perfect satis-
 faction all
 over the world.
 The watch il-
 lustrated is a
 Waltham, thin
 model size at a
 particularly low price. This size is now much in
 demand for men's use. It is supplied in open
 face only in 7 Jewels, Gold Filled Case, plain
 or fancy, \$15.00, Gold Rolled Plate Case, plain
 only, \$12.00, Sterling Silver Case, plain or
 fancy, \$12.00.

These watches can be obtained from all good
 jewellers. Made and guaranteed by

The Waltham Watch Company
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NEW YORK

Principal Cities

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Montreal

Halifax

Victoria

Quebec

St. John

St. Louis

St. Paul

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case, plain
case, plain
plain or

all good
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THE RIGHT HON. SIR ROBERT L. BORDEN
Premier of Canada

Souvenirs of Hamilton

"The Gift Store"

is admittedly the best place in Hamilton to go for souvenirs of all kinds.

We have them from an inexpensive brooch at 25c to one in solid gold and real pearls at \$15, and upwards. We invite you to call and see us. We feel certain that we can please you with our selections.

We can show you gifts for every one in the family from Baby to Grandmother. Why not select your presents to take home, today? We are open every evening.

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"The Gift Store"

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88 James St. N.

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LIGHTING
FIXTURES**



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**Tallman
Fixtures**

They will please you. "They're Different"

Tallman Brass & Metal Ltd.
HAMILTON, ONT.

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Toronto—J. A. McKay, 108 Grace St.

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**THE CHIPMAN. HOLTON
KNITTING CO., LIMITED**

MILLS AT

HAMILTON, ONT. - WELLAND, ONT.

Hamilton, Canada

**DOMINION POWER
AND**

**Transmission Company
Limited**

("The Cataract Company")

While in Hamilton See
the Surrounding Country
by means of our

Electric Railways

ELECTRIC
LIGHTING
FIXTURES

OUR DEALER FOR

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Fixtures

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Confederation

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EARLY HISTORY OF HAMILTON

THE discovery of Burlington Bay was reserved for La Salle, who, in 1669, overcoming all barriers, dashed into the inland sea with a flotilla of seven canoes, without the aid of the lighthouse and canal which now give entrance to the largest of vessels, and led his flotilla within its sheltering arms. It was the 24th of September, 1669.

A century or more passed over, Old France had cut adrift new France. Then came the revolt of the American Colonies and the influx of the Loyalists into Canada.

In the vanguard of the refugees arrived Robert Land in 1778. He selected the Head of the Lake rather for game and scenery than for fertility of the soil. His first acre was ploughed with a hoe, sown by a bushel of wheat, and harrowed by the leafy bough of a tree.

Land's homestead stood on the south-east corner of Barton and William streets, and his farm covered 300 acres of the eastern part of Hamilton.

Other hardy yeomen took up farms beside him, the surnames of whom are preserved by Aikman, Hess, Hughson, Land, Lottridge streets, Ferguson, Springer avenues, etc., and their christian names by Augusta, Catharine, James, John, Mary, Robert, and the rest.

Far away to the western part of the Bay is an historic terrace of natural concrete.

In 1813 the tide of invasion swept over the western province to the very foot of Burlington Heights. It was in those anxious days that Hamilton was born. The Heights were not then deeply excavated to receive a railroad, nor were they then pierced by a canal. The only access was over the isthmus defended by field-works. On one side a stone might have been dropped a hundred feet into the bay and the other side in the marsh which had already been called "Coote's Paradise."

The future of Upper Canada turned on this Hill. Here General Vincent found a safe retreat when forced to withdraw from Niagara.

It was from this eyrie that Harvey swooped down on the American camp at Stoney Creek, and Fitzgibbons dashed upon the retreating invaders at Beavertams.

A dangerous naval demonstration was made against the Heights, but it ignominiously failed, so the summer of 1813 passed hopefully away. But the October winds brought from Moravian-town the low moaning of a grave disaster, and then Proctor found in Burlington Heights a welcome refuge.

The massing of men and military stores during the war no doubt prompted the formation of a permanent town. In 1813 Geo. Hamilton laid out his farm in lots, but the peace of Ghent came and the stir and bustle on Burlington Bay expired with the watch fires on its Heights.

Hamilton had a future, but she must abide her time. Ancaster had taken an early and vigorous start, then came Dundas, a still more dangerous rival.

The cutting of Burlington Canal in 1825 opened communication with Lake Ontario and secured to Hamilton invaluable Geographical advantage.

The year of 1832 was to test whether Hamilton was to be ambitious or possessed the qualities that justify ambition.

One awful night in the summer a stern authority stalked into the gaol without moving bolt or bar, and served writs of Habeas Corpus that would brook no delay. In the morning it was clear to the townsmen that Ship Fever was within their borders. The gaoler was himself hurried away, then the magistrate set free the surviving prisoners, except one who was already within the shadow of the gibbet."

All summer long the dreadful presence stalked up and down the streets, but with the coming of the blessed frost it disappeared. The pestilence barely gone, the midnight sky one night in November was suddenly lit up as bright as noonday. Before the fire could be

(Continued on page 11)



The Canadian Government cannot secure sufficient competent help. Stenographers, typists and clerks are in demand.

Gowling Business College Ottawa

makes a specialty of preparing young men and young women for the government service. Our courses are strong. Our teachers are the best. Our results unequalled.

100% EFFICIENCY

On the May, 1918, Civil Service Examination every candidate from our night class was successful.

Think of it—100% efficiency.

Day School is open all the year—no vacation.

Night School is open from Sept. 4 to May 31.

Circulars free to any address.

W. E. GOWLING, Pres. H. W. BRAITHWAITE, Prin.

Gartshore-Thomson
PIPE and FOUNDRY CO., Limited
HAMILTON, ONT.

Compliments to the Letter Carriers
DOMINION HOUSE FURNISHING CO.
181-183-185 Bank St., Ottawa.



"FRUIT-A-TIVES"

"FRUIT LIVER TABLETS"

The most curative laxative medicine ever discovered. It is made from intensified and concentrated fruit juices and restoring tonics. It does not gripe or disturb the system, but it sweetens and tones the stomach, gently opens the bowels, acts quickly on the skin and kidneys, and purifies the blood.

Try it for nausea and disturbed stomach, constipation, biliousness, headaches, indigestion, and muddy or sallow or blotchy complexion. In rheumatism, backache and skin diseases, it cures when everything else fails.

Sold at all Drug Stores. Regular Box, 50c., Trial Box, 25c.
FRUITATIVES, LIMITED, 386-390 Bank Street, OTTAWA

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LT.-COL. P. E. BLONDIN
Postmaster General.

SOVEREIGN BRAND CLOTHING

FOR MEN AND YOUNG MEN

Sold in the best shops of the principal Towns and Cities throughout
Canada. Made from dependable woollens. Sovereign
Brand stands for best workmanship

OAK HALL CHAIN STORES located in Toronto, Hamilton,
London, Galt, Windsor, St. Thomas, Owen Sound,
St. Catharines and Peterboro

ASK FOR SANFORD MADE CLOTHING

W. E. SANFORD MFG. CO., LIMITED

Hamilton :- Ontario

While in Hamilton Make—

ROBINSON'S

The most modern Store of many Departments
YOUR OFFICIAL HEADQUARTERS

YOU WILL FIND HERE

A TELEPHONE at your Disposal to
enable you to notify your friends
upon your arrival.

(Main Floor)

FREE CHECK ROOM where you
can leave your bags and parcels
while sight seeing through our City.

Main Floor

REST ROOMS where you can take
a rest or arrange to meet your
friends.

(Second and Fourth Floor)

OUR RESTAURANT that is so well
known for its tasty dishes and
satisfying meals.

Lunch served 11.30 till 2. Afternoon Tea served 3 till 5.30
(Fourth Floor)

The G. W. Robinson Co., Limited

18-24 James Street South

Hamilton

EARLY HISTORY OF HAMILTON (Continued)

subdued many of Hamilton's best buildings were completely ruined.

These happenings might have disheartened a young town, but within a few months Hamilton had not only recovered lost ground, but had planned a system of markets and had provided for wider streets and a police force. Fire wells were sunk and engines procured. The fountain in the Gore marks the site of the last survivor of those wells.

In early days Sir Allan MacNab was the leading spirit in every stirring incident. He was the foremost representative of the Gore district in Parliament. At the outbreak of domestic "unpleasantness" in 1837, Col. MacNab was the speaker in our house of Assembly. Within thirty minutes after receiving a dispatch from Sir Francis Head's courier, MacNab was mustering troops, and within three hours he was steaming away for Toronto with a company of militia of the Gore District. On the morning following the arrival, he was in the charge up Yonge street, and the rebels were dispersed.

About a century ago the market was densely

covered with trees and shrubs and was a noted cover for wolves, so that even then there was an active market for venison.

Hamilton has since, under the advice of sagacious journalists, stretched out her arms to Lake Erie, Lake Huron, and Georgian Bay, and has grappled those commercial allies to her with hooks of steel. But it was the Great Western Railway which first gave Hamilton her commercial pre-eminence over Dundas and other rivals.

In July, 1854, six months after the Great Western Railway was opened from Niagara to Detroit, the city was again visited by a noisome pestilence and suffered severely from Cholera. But again the ambitious citizens rallied and planned the present system of Waterworks which was opened in 1859 and has given the city good service ever since. The present Postmaster of the City, Mr. Adam Brown, was one of the Commissioners who had the carrying out of the plans.

Thus Hamilton, through days of difficulty and danger, as well as in days of success, has continued to grow in numbers and in wealth.

MR. ADAM BROWN

MR ADAM BROWN, Postmaster of Hamilton, is a Scotchman, having been born in Edinburgh, April 3, 1826. He came to Canada in 1833, and settled in Montreal, receiving a thorough practical education there. Leaving school at the age of fourteen, he spent several years in the dry goods establishment of A. Laurie & Co. He came to Hamilton in 1850 to accept a responsible position in the wholesale house of the late Donald (Senator) Melnes, after which he became associated with the firm of W. P. McLaren & Co., subsequently becoming head of this house under the name of Brown, Gillespie & Co. Mr. Brown retired from mercantile business in 1889.

From the beginning of his residence here, Mr. Brown has taken an active interest in everything calculated to benefit the city. He has held offices of Secretary and President of the Board of Trade, also Chairman and Commissioner of Water Works during con-

struction of the system in Hamilton; also occupied position of President of the Dominion Board of Trade.

In politics Mr. Brown is a Liberal-Conservative, and was a devoted admirer of the late Sir John A. Macdonald. In 1871 he was a candidate for a seat in the Ontario Legislature, but was defeated. In 1887, at the general election, he was returned by a large majority to the House of Commons.

Among other public services, it may be noted that he was the framer and enthusiastic supporter of a bill for prevention of cruelty to animals.

On July 1, 1891, Mr. Brown was appointed Postmaster of Hamilton, a well merited recognition on the part of the Dominion Government of his public services. In private life Mr. Brown is noted for his genial and courteous manner and for his generous and open-hearted disposition.

YOU can teach a Parrot to say

JUST AS GOOD

*But you can't teach
it to say*

"Just as good as SYKES'S"

Because even a Parrot knows that

**SYKES'S BREAD
IS THE BEST**

MANUFACTURED AND DELIVERED BY

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HAMILTON, CANADA



ONTARIO'S CONVENTION HOME

250 Rooms—Single and ensuite
200 Rooms with Bath or Shower

Highest Standard—Unexcelled Cuisine

In the heart of the business centre

Rates \$1.50 and up

A. W. HAMILTON, Resident Manager.

Under Direction **GEO. H. O'NEIL,**
United Hotels Co. of America. General Manager

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SOLE SELLING AGENT

**Imperial Cotton Co.,
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MANUFACTURERS OF

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**COPPLEY, NOYES &
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**Proper Clothes
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ADAM BROWN
Postmaster, Hamilton.

Boston Insulated Wire & Cable Co., Limited

HAMILTON :: ONTARIO

ELECTRICAL WIRES & CABLES

THE HAMILTON PROVIDENT AND LOAN SOCIETY

Incorporated 1871

Capital Paid Up \$1,200,000.00

Reserve and Surplus Profits 1,163,994.20

SAVINGS DEPOSITS

3½%

Interest at the rate of 3½ per cent per annum allowed for every dollar of money is on deposit. Withdrawals can be made by cheque.

DEBENTURES

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Debentures issued carrying 5 per cent per annum payable half yearly for term of three to five years.

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HAMS, BACON, LARD, SAUSAGES,
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Hamilton, Ontario

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Is extended to all Letter Carriers to visit our
Dairy and see

Scientific Methods of Caring for Milk

P. M. C. MILK

is the best for children.

THE PURE MILK CO., Limited

Visitors always welcome. 181 JOHN ST. N.

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A Saw for every Purpose

When you buy a Saw get

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They are GUARANTEED

JOHN C. DIGGINS

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ONE QUALITY "THE BEST"

439 King St. East—Opp. Terminal Station

HILL'S REAL HOME-MADE BREAD

HAVE YOU TRIED IT?
IF NOT, ASK YOUR GROCER FOR A LOAF.
YOU WILL ALWAYS USE IT.

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BREAD MANUFACTURER

COR. CHARLTON AVE. AND CAROLINE ST.

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1,163,994.20

17 per cent
for every day
Withdrawals

paying 5 per
half yearly
years

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FOR A LOAF.
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COLINE STREET.



POST OFFICE, HAMILTON

Hamilton Post Office Since Confederation.

AT the time of the federation of the several provinces under the British North America Act into the Dominion of Canada on July 1st, 1867, Edmond Ritchie had long been Postmaster, and his son Frederick was his assistant.

Edmond Ritchie died in 1869 and Frederick Ritchie succeeded him in the Postmastership.

Frederick Ritchie held office till 1874, when he was succeeded by Horatio Nelson Case, who retired in 1891, and was succeeded by Adam Brown, who is still Postmaster.

Mr. Brown has been an outstanding figure in Hamilton's progress for half a century. He was largely instrumental in developing the ex-

tensive Railway Systems radiating from Hamilton. For many years he represented Hamilton in the Dominion House and was Canada's High Commissioner to the Jamaica Exposition.

In point of years he is the oldest Postmaster in Canada, being in his ninety-third year, and still actively engaged in the duties pertaining to his office.

At Confederation Frederick Ritchie was Assistant Postmaster, and was succeeded by Henry Colbeck, who retired in 1891, and was succeeded by Henry A. Eager. Mr. Eager retired and John S. Mathews succeeded him in 1908. Mr. Mathews retired on July 1st, 1918.

(Continued on page 19.)

BEING well dressed is merely a matter of knowing where to buy your clothes.

SPRING AND SUMMER SUITS IN CORRECT MODELS and PROPER FABRICS

\$15.00 to \$35.00

Overcoats **\$12.00 to \$35.00**

Grafton & Co., Limited
16-18 JAMES ST. NORTH

J. R. WATSON, Manager.

"The Aristocrat Among Pianos."

Ye old firme

Heintzman & Co

Makers of Canada's greatest Upright and Grand Pianos, containing the patent agraffa bridge. Also the aluminum action Play Piano, the only action found in any play piano that will not leak or is in any way affected by climatic changes.

Large Assortment of

"SONORAS," "VICTROLAS" and
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NOT ONLY IN NAME, BUT THE WORK IT DOES. NO SAW EDGE COLLARS OUR MACHINES PREVENT THIS

Our Work is Done under Clean,
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What Does This Mean To You?

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**B ROOMS
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**PAPER, PAPER BAGS, TWINE
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AND WILLOW-WARE**

Brooms of Quality

HAMILTON AND WINNIPEG

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Upright and
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any player
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Ball!

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MR. J. S. MATHEWS
Assistant Post Master, Hamilton
(Retired July 1, 1918, after 14 years' service)



MR. J. A. WEBBER
Assistant Post Master, Hamilton
Appointed by the Civil Service Commission
Successor to Mr. J. S. Mathews.



WILLIAM M. MCFARLAND
Supt. Letter Carriers, Hamilton



**Do you know exactly how you
want your property administered
after your death?**

A Will is the only means by which you
can make sure of having your plans for your
family carried out.

Have your lawyer draw your will. Get
your ideas in writing and look them over.
Be sure they are your ideas, then give clear
directions as to how they are to be carried
out.

May we advise you about the best way to
obtain the results you wish? Write for our
booklets, "The Protection of Property,"
"What Does a Trust Company Charge?"
and folders, "By Way of Comparison," and
"A Widow's Money."

**National Trust Company
Limited**

Capital Paid-up	Reserve
\$1,500,000	\$1,500,000

18-22 King Street East, Toronto

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The Crown Trust Co.

115 ST. JAMES STREET, MONTREAL.

Capital Fully Paid - - - \$500,000

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The Dentists Favorite

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Incorporated 1855

CAPITAL - - - \$4,000,000

RESERVE FUND - - - \$4,800,000

Has 97 Branches in Canada, and Agents
and Correspondents in all the Principal
Cities in the World.

**A GENERAL BANKING BUSINESS
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at all Branches. Interest allowed at
highest current rate.

HEAD OFFICE—MONTREAL

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GORE PARK EXTENSION (showing Post Office)

HAMILTON POST OFFICE SINCE CONFEDERATION (Continued)

and was succeeded by John A. Webber, the present Assistant Postmaster.

The staff in 1867 were: Charles Howard, Alfred Crisp, Sr., John B. Eager, G. H. H. Armstrong, Thomas Burns, James Gordon and John Smith. At the present time there are 210 employees on the staff.

The delivery of letters over the whole city was performed by Benjamin Dunnett and his young son, E. H. Dunnett, up to the time of establishment of free letter carrier delivery on May 10th, 1874. Benjamin Dunnett being appointed Superintendent and started with a staff of thirteen carriers. The staff in 1918 consists of 105 men and Wm. McFarland is Superintendent of Carriers.

The late H. A. Eager held the record for long service, having been on the Post Office staff for fifty-four years. Geo. H. Bull, Clerk in charge of Station "B," Hamilton, is in his 48th year in the service. Thomas Burns served 40 years, having been appointed in 1864. He

is still hale and hearty and is the only survivor of the staff at Confederation. John S. Mathews served 44 years. E. H. Dunnett served 44 years, including the time he helped his father before free delivery was established he has handled letters from the time of Confederation covering a period of fifty-one years. C. W. W. Fielding has served 41 years and Joseph Wilson 41 years.

Among the staff of the Hamilton Post Office who have risen to high positions in the service of the Department, are Col. George Ross, I. S. O., Chief Post Office Superintendent; Wm. Smith, B. A., Secretary of the Post Office Department, Ottawa, and now in the Archives Branch. Capt. W. R. Ecclestone was in charge of the Canadian Postal Corps during the South African War, and is now Assistant Post Office Inspector.

The approximate annual revenue of the Hamilton Post Office at Confederation was \$28,000, and at the present time is almost half a million dollars.

Incorporated 1851

WESTERN ASSURANCE COMPANY

(Fire, Explosion, Ocean Marine and
Inland Marine Insurance)

HEAD OFFICE TORONTO, ONT
Corner Scott and Wellington Streets.

ASSETS - - - OVER \$6,000,000
LOSSES PAID SINCE
ORGANIZATION OVER \$70,000,000

W. B. MEIKLE, President and General
Manager.
C. C. FOSTER, Secretary.

TORONTO GENERAL TRUST CORPORATION

Postmen should leave their Life Insurance, Securities, Real Estate and other property to their Estate by a properly drawn up Will. By making this Corporation as Executor, a competent and impartial administration is assured.

Safety Deposit Vault

The safest place to keep War Bonds and other documents is in our Safety Vault. Private Boxes \$3 per year and upward.

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For Hot Water and Steam Heating for Buildings
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WILLIAM A. McDONALD
Hamilton, Ontario
Acting President Federated
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Dominion of Canada
1917-1918

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Hamilton, Ontario
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Hamilton, Ontario
1918



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INSURANCE AGAINST
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There is no better house for

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New Designs and Finishes.

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Wholesale and Retail

ILLUMINATING GLASSWARE

MADE IN CANADA

When buying **ELECTRIC SHADES, GAS
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JEFFERSON GLASS

You will then be patronizing **HOME IN-
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ALEX. McMORDIE
 Toronto, Ont.
 Secretary Federated Association
 of Letter Carriers
 Dominion of Canada, 1917-1918



HON. SIR WILLIAM HEARST
 Premier of Ontario.

POSTAL NOTES.

A "War Tax" of one cent is to be levied upon Postal Notes irrespective of the amount of the notes.

The Postal Note System established by the Post Office Department affords a cheap and convenient means for remitting small sums.

Postal Notes are sold and paid at more than 11,000 Post Offices in Canada, and are also payable in Newfoundland and at all Money Order Offices in the United States. May be bought as quickly as stamps; may be bought during all Post Office Hours.

Commission Rates—To meet the public interest the rates have been fixed at very moderate figures, as follows:

1 cent on note for	\$0 20	2 cents on note for	\$0 90
1 " " " "	25	2 " " " "	1 00
1 " " " "	30	2 " " " "	1 50
1 " " " "	40	2 " " " "	2 00
2 cents " " " "	50	2 " " " "	2 50
2 " " " "	60	3 " " " "	3 00
2 " " " "	70	3 " " " "	4 00
2 " " " "	75	3 " " " "	5 00
2 " " " "	80	5 " " " "	10 00

Odd cents may be made up by affixing Canadian Postage Stamps, not exceeding nine cents in value, to the face of a Postal Note, if the same is for remittance to a place in Canada.

Canadian Postal Notes can be made payable at any Post Office in the United States transacting Money Order business. (If the payee resides in a City the Notes must be drawn on the main City Office, not on a Sub-Office or Station.)

Postage Stamps must not be affixed to Postal Notes drawn for payment in the United States.

Canadian Postal Notes are payable only in Canada, the United States and Newfoundland.

Postal Note Business is transacted at all Sub-Offices.



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VESTS AND UNION SUITS
With "Can't-Slip"
Shoulder Straps

MADE BY

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Motors For Hydro and
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CHARTERED HAMILTON AGENTS FOR

GRUEN WATCHES

The Most Beautiful Watches in America

 \$30.00 to \$250.00 

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OFFICERS F. A. L. C. BRANCH, No. 3

HAMILTON, ONTARIO, 1918



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Ass't Secretary.

Herbert Dilworth,
Secretary.

George Morton,
Treasurer.

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Vice-President.

David Gilbert,
President.

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QUALITY

THE leader in every industry, to maintain his lead, must safeguard the quality of his products.—Rigid inspection and careful supervision are important factors.—To products of iron and steel this principle applies with tremendous force.—It means safety, security and stability.—We safeguard the quality of our products, believing quality will be recognized long after the price is forgotten.

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OUR customers must be served One of the dominating factors in any successful business is Service. We succeed only through the good will and good wish of the people we serve.—This thought permeates our entire Organization, from the President down.—Our employees feel the sense of responsibility this principle implies; and each one directs his efforts to maintain the high standard of service we aim to render.

THE
STEEL COMPANY
OF
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Hamilton

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Montreal



GORE PARK, HAMILTON.

A Notable Citizen

HAMILTON has produced in one of its leading citizens a foremost Canadian. The Hamiltonian who shed lustre upon his home City and his Country is Major-General Sir John Gibson, K.C.M.G. Major-General Gibson first came into prominence as a legislator when he was elected to sit in the Ontario House for Hamilton in 1879. He was re-elected in 1883 and 1886. In 1889 he entered the Local Government as Provincial Secretary. He was elected again in 1891, and also at the Provincial Elections in 1894. In 1896 he was made Commissioner of Crown Lands in succession to Hon. Mr. Hardy. In the same year he received the appointment as Commissioner for the Revision of the Ontario Statutes. Honor followed honor. He became Honorable A. D. C. to the Governor-General, and in 1897 visited the Queen's Diamond Jubilee Celebration in England in an official military capacity. Since the war, Major-General Gibson has been a great force in recruiting in Hamilton. He presided over many public meetings for the purpose of getting

soldiers to win the war. He has given one son, who lost his life at the front, and he has still another one serving the King overseas.

Major-General Gibson is the son of the late Wm. Gibson, township of Toronto, who came to Canada from Glammis, Forfarshire, Scotland, in 1827. Born in the township of Toronto Jan. 1st, 1842, he was educated at the Central School, Hamilton, and at Toronto University, taking his degree at the latter institution in 1863, when he won the Prince's prize, the silver medals in Classics and Modern Languages, and the prize in Oriental Languages. He was called to the bar in 1867, and having entered the law course of Toronto University he obtained the degree of L. L. B. there, together with the gold medal, 1869; he subsequently became examiner in the Faculty of Law for the years 1871 and 1872. He commenced the practice of his profession in Hamilton, where he took the leading place at the bar. At present he is the head of the firm of Gibson, Levy & Gibson.

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DOMINION STEEL FOUNDRY CO., LTD.
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FAMILY GROCER

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JAMES OSBORNE & SON
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 The Leading Grocers of the City
 12 and 14 JAMES STREET SOUTH

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J. C. CRAWFORD
 HIGH CLASS CONFECTIONER
 We handle Moir's and Lowney's Chocolates.
 Quality Guaranteed.
 BURKE'S ICE CREAM SOLD HERE.
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 We have a complete range of Ladies' Clothing, Men's Clothing, Furniture and House Furnishings.
 Our prices for Cash or Credit cannot be beat. One call to our store will make us best of friends in the future.
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When you visit Toronto there is one name that quickly strikes you by the frequency of its repetition: "Eaton's." You hear it in the street car or in a group of conversation from passersby: "I am just to Eaton's," or "Meet me at Eaton's," or "I have those now." When you ask your way through the city, it will frequently be employed in directing you: "It is just beyond Eaton's," and so forth. You enquire "Who or where or what is this wonderful Eaton's?" you will be told, "Why, it is 'the Store'" and you will be led to exclaim, "Are all things in Toronto seems to revolve around it?"

The secret of the steady growth and development of Eaton's into "Canada's Big Store" lies in a step-by-step policy of giving its customers the best possible value for their money, combined with fair dealing, prompt, courteous and efficient service.

"Eaton value" is proverbial throughout the nation. One reason of the low prices for which the Store is famous is the system of huge, modern, self-sufficient Eaton factories, ensuring both a high standard of quality and the elimination of all unnecessary cost to our customers on such "Eaton made" goods. The Big Store's buying facilities are of course immensely advantageous. It is constantly in direct touch with the world's greatest fashion and manufacturing centers through its offices located in London, Paris, Zurich, Switzerland, Yokohama, and New York. Hence its styles are new and authoritative, and Eaton values are very exceptional.

If your home is outside of Toronto, before you leave the city hand your name and address with a request that an Eaton Catalogue be sent to you. It brings to you the immense resources of the Big Store direct to your home. You will find listed therein a splendid assortment of high-quality merchandise at prices that afford you a substantial saving.

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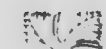


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Hamilton Delegates to the Dominion Convention Federated Association of Letter Carriers, 1918



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There never is a BLUE MONDAY where a 1900" AGITATOR WATER POWER WASHER is used.

From one hundred to three wonderful jobs save 2 minutes in use in Canada. It washes clothes surprisingly well, does absolutely no harm to the most delicate.

The machine is operated by the fourth "Niagara" of your kitchen or laundry, rapid & fully guaranteed.

Ask for literature and liberal guaranteed trial offer.

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Kindly state which type interests you. Address me personally.

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a miniature in size, but a thorough capable, durable, practical and efficient photographic outfit.

Takes pictures 1 1/2 x 2 1/2 in. Loads in daylight with Kodak cartridges for eight exposures.

Handy to carry as a watch.

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Rates to the United States

The rate on letters, postal cards and newspapers to the United States is the same as that applicable to Canada. The only articles which can be sent to the United States, closed against inspection, are letters. Prepayment of letter rate of a closed packet does not entitle it to go forward to that country.

Insufficiently paid matter, other than letters, is not forwarded to United States destinations. Letters must have a minimum prepayment of 2c.

The rate on books, pamphlets, photographs, and other printed matter is 1 cent per 2 ounces. Limit of weight 4 lbs., 6 ozs. Newspapers and periodicals 1 cent per 4 ounces. Seeds, cuttings, bulbs, scions or grafts 1 cent per ounce.

The rate on commercial papers is the same as that applicable to other Postal Union countries.

The rate on general merchandise when addressed to places in United States is 1 cent per ounce or fraction thereof; limit of weight 4 lbs., 6 ozs. Such matter is subject to the collection of any duty to which it may be found liable on arrival in the United States.

All classes of matter coming into Canada from the United States or from any Foreign country are subject to the collection of Customs duty should their contents be of a dutiable character.

Correspondence should always bear name of State, and it is also of very great importance that correspondence mailed in the United States and addressed to Canada should have the name of the Province written in full.

The above rates to United States also apply to Hawaii, Sandwich Islands, Porto Rico, and island possessions Guam, Tutuila (Samoa) and the Panama Canal Zone.



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POST CARDS.

The right hand half of the face of ordinary official post cards and of private cards is to be strictly reserved for the address, postal directions and postage stamps. The left hand half of the face and the entire back of the card is available for the purposes of the sender, subject to the restrictions as to attaching articles.

For Canada, Mexico and United States, one cent each. For other countries, 2 cents each.

Private Post Cards, prepaid, 1 cent each, not exceeding in size 6x3½ inches, nor less than 3½x2½ inches, are transmittable within the Dominion, to the United States and Mexico.

Above may take the form of Reply Cards provided each half is duly prepaid at the time of posting.

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Transient newspapers and periodicals for any place in Canada, Mexico or United States 1 cent per 4 ounces.



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Regal Government Standard Flour

YOU ARE SURE TO GET THE
BEST ON THE MARKET

This flour is manufactured with just the same wheaten
the same care as the old brand REGAL, and consequently
should give satisfaction in every way.

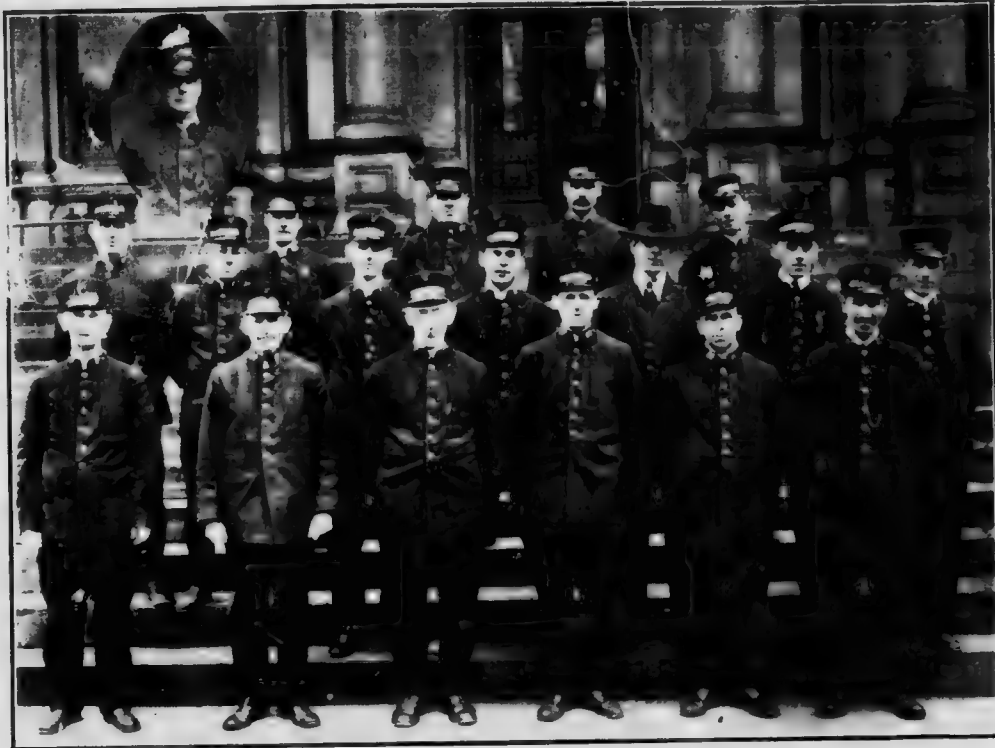
Ask your grocer for a bag and you will be sure
to get good results.

For Sale in all Groceries.

INSIST ON IT

LETTER CARRIERS

HAMILTON, ONT.



Insert Joseph Stanton.
Top Row Thomas Thompson, George Whittaker, John Hain, James Clark.
Second Row Arthur Halstead, Percy Lee, Edward Bradley, Timothy J. McKenna, Charles Lighthouse,
John Almas, Joseph Sweeney.
Third Row James Charters, Samuel Stipe, Thos. Bale, Robt. Hempstock, Chas. Vivian, Judson McCarthy.

POSTAL RATES WITHIN THE DOMINION.

Letters posted in Hamilton, addressed for delivery within the district covered by Letter Carrier Delivery, is one cent per ounce or fraction thereof.

The rate on local or drop letters posted for local delivery. The rate in this case is one cent per ounce or fraction thereof. This "drop" letter rate does not apply to a letter posted at one Post Office and delivered at another Post Office even if the two offices are in the same Parish or Municipality and only a short distance apart.

The rate on letters, legal and commercial papers, and all other matter, either wholly or partly in writing (except on manuscript of books and newspapers, documents of the Dominion and Provincial Governments and of municipal authorities), the rate is two (2) cents per ounce or fraction thereof. Letters for local delivery one cent per ounce.

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Deposits from \$1 upwards, on which 3 per cent. interest is allowed will be received for transmission to the Central Office of the Post Office Savings Bank. Pass Books and every information to be had on application. Open from 8 a. m. to 9 p. m.

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Ford



A certain Canadian mail carrier bought a Ford and was able to finish his route of 26 miles, with 170 mail boxes, by **noon**. This trip had always taken him practically a day when he drove a horse. Afternoons he now uses his car for livery work, and thus working the same hours as previously, he has substantially increased his income.

A Toronto firm found that **three Ford cars** replaced **fifteen horses** in mail delivery work.

The 1917 annual report of the U. S. Postmaster General at Washington showed that motor cars and trucks last year saved the department one third of a million dollars, in replacing horse equipment.

These are merely illustrations to show what some of the other mail carriers are doing, and how the Ford car is saving them both time and money. The Ford will do the same for you on your mail route.

Ford Motor Company of Canada, Limited

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NORTHERN ONTARIO is a vast forest robed land stretching from the Province of Quebec on the east to Manitoba on the west and extending north for 770 miles from Southern Ontario to Hudson Bay, covering an area of 330,000 square miles.

This fertile land lies one degree south of Winnipeg and is well watered by lakes and rivers. The climate is ideal for perfect health--warm in summer, cold in winter.

Already there are thousands of miles of colonization roads and steam rail ways spreading like a spider's web over that immense new land. A settler can ride from the big cities of Ontario or the West in a Pullman if he wishes almost to his own door. This is something new in pioneer life.

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"Postie" is Out in All Kinds of Weather

The sudden change very often brings
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STRAWBERRY** on hand in case of emergency.

When you ask for "Dr. Fowler's," see that
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Get this old reliable and well-tried remedy.

Get the yellow paper on which appears the
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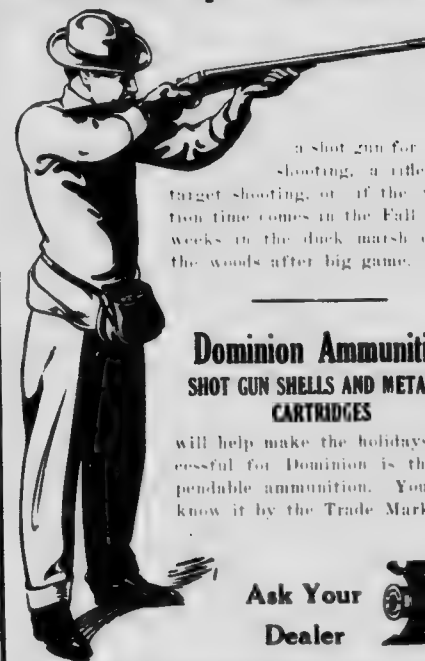
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SHOT GUN SHELLS AND METAL
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will help make the holidays
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CONVENTION COMMITTEE Federated Association of Letter Carrers HAMILTON, ONTARIO, 1918



Top Row- George Moore, Chester Bowman, John Currie, Herbert Dilworth, Secretary.
Second Row- Charles Porteous, Frederick Mowat, Harry Hardenstle.
Third Row- Clarence Fickley, Timothy J. McKenna, Richard Hammond, George Potter, Thomas Monogue,
John A. McDonald.
Fourth Row- John Archer, James Charters.
Fifth Row- Louis Watcher, David Gilbert, Edward Rolston, Joseph Sweeney, James A. Cox, Chairman,
William A. McDonald, William Smith, William Leonard.

REGISTRATION.

The fee on all classes of articles addressed to countries to which matter may be registered is 5 cents.

The sender of a registered article posted in Canada for delivery in Canada or in any other Postal Union country may entitle himself to a certificate as to the disposal of the said article by the Postmaster at the office addressed, on prepayment of an additional 5 cents. All classes of matter may be registered to all destinations in Canada and (with the exception of that sent by parcel post) throughout the Postal Union.

Articles containing value should invariably be registered and should be handed in to the Post Office and a duly stamped receipt obtained for it then and there. On no account should they be dropped in a letter box or receiver.

Senders of registered articles are requested to put their names and addresses in the upper left hand corner of the cover.

RATES TO MEXICO.

Letters 2 cents per 1 oz.; newspapers 1 cent per 4 ozs.; samples printed and miscellaneous matter 1 cent per 2 ozs.

Full prepayment on all matter except letters is compulsory. Letters will be forwarded if prepaid at least 2 cents.

FOR YOUR WAR GARDEN

RENNIE'S SEEDS

EVERY person whose conscientious desire is to help the cause of the Allies, will plant a garden this year. The food situation is more serious than realized and unless each back yard is cultivated, actual hunger may be felt before the close of the year.

To help beginners get the best results from their gardens we have made up a War Garden Collection of Rennie's high standard seeds. Plant these you can then be sure of abundant crops.

WAR GARDEN COLLECTION. This Complete Collection will stock a Moderate Garden.
 BEANS, Dwarf Stringless Yellow CORN, Early Sugar.
 Pod. CUCUMBER, Slicing.
 BEANS, Dwarf Stringless Green LETTUCE, Cabbage-Heading
 Pod. TURNIP, Round, White Table.
 BEET, Round Red. ONIONS, Early Slicing.
 CABBAGE, Early. ONIONS, Early Boiling.
 CARROT, Intermediate Red. **\$1.00 PREPAID.**

"COTTAGE GARDEN" FLOWER SEED COLLECTION.

Alyssum, Sweet. Asters, Mixed. Balsam, Mixed. Candytuft. Dianthus, Chinese Pink.	Mignonette, Sweet. Morning Glory. Nasturtium, Tall. Poppy.	Pansy, Mixed. Phlox, Drummond, Mixed. Sweet Pans, Mixed. Zinnia, Mixed.
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50c PREPAID.

The Stars Point to Bargains.

Whenever you see items in our 1918 catalogue marked with the star border—you find real bargains in seeds. Watch for these carefully and save money when buying.

THE
WILLIAM

RENNIE COMPANY,
LIMITED.

KING & MARKET STS., TORONTO

ALSO AT MONTREAL, WINNIPEG, VANCOUVER



QUICK SERVICE

A Gas Range Assures all Meals Being
Cooked on Time

Without Unnecessary Heat
in the Kitchen

CLEANLINESS, ECONOMY, EFFICIENCY

The present day is one of conservation:—

We can all help by conserving fuel—A Modern Gas Range particularly helps you in this direction. the old method of cooking with coal 75% of the heat is lost up the chimney. How much easier to strike match and immediately obtain an intense hot flame which can be turned off when the meal is cooked. Always reliable and at your service by turning a valve. A select stock of Gas Ranges are always on exhibition at our

SHOWROOMS, 12-14 ADELAIDE STREET WEST.

Representatives will gladly call and give further information by phoning Adel. 2180.

The CONSUMERS GAS CO. of TORONTO

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CASTLE, DUNDURN PARK, HAMILTON

ICE

Being

Heat in

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are always on

ONTO

HORSE SHOE BRAND
Lards, Hams, Bacon

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Office and Factory—Brant St.
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**HIGH CLASS DRY CLEANING, STEAM CLEANING
DYEING, PRESSING AND REPAIRING**

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Office and Works, 687 KING ST. E. PHONE 6898
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Canadian Branch
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Geo. Hill, Prop. R. M. Hill, Manager

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Furniture Moved Promptly. First-Class Fireproof
Storage Warehouse.**

A Specialty Made of Packing and Crating Goods. Estimates Cheerfully Given
If Satisfied, tell others; if not, tell us.

OUR SPECIALTY...AUTOMOBILE PLEASURE PARTIES

19-21-23 VINE STREET, HAMILTON, ONT.

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MONTREAL

If you want the best, Buy

**Acme
Gloves and Gauntlets**

**They are made to stand the wear and the
weather.**

**Acme Glove Works, Limited
Montreal**

LETTER CARRIERS

HAMILTON, ONT., 1887



Top Row—R. McDonald, James Charters,* Emil Frank, W. Daw.
 Second Row—Charles Fielding,* W. Dutton, W. Nunn, Joseph Wilson.*
 Third Row—Edward Sievert, G. Haddon, Wm. McFarland,* Wm. Lawrence, John North, William Mundy, George Springate,* David Dowrie.*
 Fourth Row—John Phillips, H. Coats, Robert Stratton, Thomas Austin, J. Murphy, William James, J. Gardner, J. Gore, W. Rennie.

* Still in the Service

RATES OF POSTAGE.

The postage rate for letters of two cent per ounce is applicable to correspondence exchanged between Canada and the United Kingdom, and between Canada and the following British Possessions—Aden, Ascension, Australia, Bahama Islands, Barbadoes, Bermuda, British Central Africa, British East Africa, British Guiana, British Honduras, British North Borneo Company's Territory (including Colony of Labuan), British Agencies in Morocco, British Postal agencies in China, viz.: (Wei-Hai-Wei) Hong Kong, Cape Colony, Cayman Islands, Ceylon, Cyprus, Egypt, Falkland Islands, Fanning Island, Fiji, Gambia, Gibraltar, Gold Coast Colony, India (Brit.), Jamaica, Johore, Lagos, Leeward Islands, Malay States, Malta, Mauritius, Natal, Newfoundland, New Zealand (including Cook Islands), Northern and Southern Nigeria, Orange River Colony, Rhodesia, Sarawak, Seychelles, Sierra Leone, Somaliland Protectorate, Straits Settlement, St. Helena, Soudan, Tobago, Transvaal, Trinidad, Turk's Islands, Uganda, Windward Islands, Zanzibar.

Postage on letters to China is 5c. for 1st oz. and 3c. for each additional oz., except British P. O. Agency at Wei Hai Wei and for Hong Kong.

The Countries included in this are all embraced in the Postal Union, and with the exception of the reduction in the Letter Rate, and the Newspaper rate to the United Kingdom, Barbados, Bermuda, British Guiana, British North Borneo, Ceylon, Cyprus, Falkland Islands, Fiji, Gambia, Gibraltar, Hong Kong, (Wei-Hai-Wei), Jamaica, Leeward Islands, Malta, Mauritius, Newfoundland, New Zealand, North Nigeria, Sarawak, Seychelles, Sierra Leone, Southern Nigeria, South Africa (comprising Cape of Good Hope, Natal, Orange Free State and Transvaal), British Bechuanaland, Trinidad, Tobago, Turk's Islands and Zanzibar the Postal Union Rates and Regulations remain in force.

Transient newspapers and periodicals printed and published in Canada may be sent to places indicated in the preceding paragraph at the rate of 1 cent per 4 ozs. or fraction thereof. Other papers at the rate of 1 cent per 2 ozs.

The Royal Bank of Canada

Capital Paid Up	\$14,000,000
Reserve Fund	\$15,000,000
Total Assets Over	\$30,000,000

HAMILTON BRANCHES.

Main Office - 21 King St. W.
 Market Branch - Cor. Market & Macnab Sts.
 John St. Branch - Cor. John & King Sts.
 East End Branch - Cor. Wentworth & Barton Sts.

Our Branches throughout Canada and New
 Zealand.

ROBIN HOOD FLOUR

THE BEST OF ALL GOOD FLOURS

We Sell It Wholesale and
 Retail Also Everything Else
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 YOUR GRAND-
 FATHER USED



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 PAINT MAKERS SINCE 1842

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 OFFICES

PHONE 4988



HAMILTON MARKET

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PAPER**
I BUY IT
E. PULLAN

THE ESSENTIALS IN TELEPHONING

Always make sure of the number
before calling. Directory First!

Speak distinctly, directly into the
mouthpiece.

Answer promptly when the bell
rings.

Don't say "Hello!"—answer at
once with your name or your firm's
name.

**The Bell Telephone
Co., of Canada**

FRED C. JELFS HARDWARE

East Hamilton Agents for Martin-Senour Paints,
Glass, Varnishes and Oils

Give Us a Call. 43 HUGHSON ST. N.

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Capital, \$1,500,000.

Reserve, \$1,950,000.

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James Davey, Manager.



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Wholesale Tobacconist

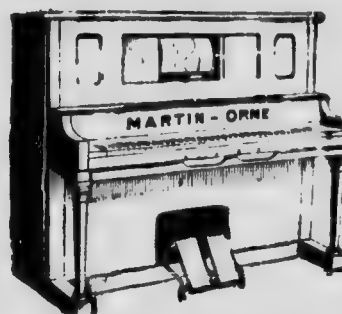
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RECOMMEND
LA FRANCE'S
SPECIAL CIGARS

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*"Postmen on the beat
Get very tired feet"*

For Aching, Tired Feet, Sore Tendons, Muscles, Pains in the Limbs, Back and Joints, as well as internal pain, you cannot find relief quicker than by using

25 cents **Dr. Thomas' ECLECTRIC OIL** Worth its weight in Gold



MARTIN-ORME

Pianos and Player-Pianos

MADE IN OTTAWA

SOLD ONLY BY

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VICTOR VICTROLA HEADQUARTERS

Addressing of Mail for Canadian Expeditionary Forces

In order to facilitate the handling of mail at the front and to insure prompt delivery it is requested that all mail be addressed as follows:

- | | |
|---|-------------------------------------|
| a. Rank | Brigade |
| b. Name | First or Second Canadian Contingent |
| c. Regimental Number | British Expeditionary Force |
| d. Company, Squadron, Battery or other unit | Army Post Office |
| e. Battalion | LONDON, ENGLAND |

Parcels for Canadian Overseas Contingent

Parcels addressed to members of the Canadian Contingent now serving with the British Expeditionary Forces on the Continent must be prepaid at the rate of postage applicable to parcels for France, while parcels addressed to members of the Canadian Contingent in England are subject to the rate applicable to parcels for the United Kingdom.

Mails for the United Kingdom and Foreign Countries

Mails for the United Kingdom and Foreign Countries, via England also those for West Indies, Central and South America, will be despatched at the first opportunity and by the most expeditious route available.

Parcels for Expeditionary Forces in	RATES.										
	1 lb.	2 lb.	3 lb.	4 lb.	5 lb.	6 lb.	7 lb.	8 lb.	9 lb.	10 lb.	11 lb.
France or Flanders	24c	24c	24c	32c	32c	32c	40 32	Limit of weight 7 lbs.			
Italy	44c	52c	60c	76c	84c	92c	1 00	Limit of weight 7 lbs.			
Serbia or Egypt	32c	40c	48c	74c	82c	90c	98	Limit of weight 7 lbs.			
Palestine or Mesopotamia	32c	40c	48c	80c	88c	96c	1 04	1 36	1 44	1 52	1 60
East Africa	32c	40c	48c	80c	88c	96c	1 04	1 36	1 44	1 52	1 60

PARCELS POSTED TO UNITED STATES EXPEDITIONARY FORCES MUST CONTAIN OFFICIALLY APPROVED REQUEST OF ADDRESSEE.

Parcels for members and individuals connected with the United States Expeditionary Forces in Europe must not be despatched unless they contain such articles only as are being sent at the written request of the addressee approved by his regimental or higher commander or an executive officer of the organization with which he is connected.

The Mail Service between Canada, Austria-Hungary, Germany and Ottoman Empire (Turkey), Bulgaria, German Colonies, Austria-Hungary and Luxemburg is entirely suspended and no mail matter will be accepted for onward transmission, whether by our Canadian service, by New York or by any other route. Mails for other foreign countries can be received for despatch as opportunity offers.

Parcel Post

RATES OF POSTAGE ON PARCELS MAILED IN THE PROVINCE OF ONTARIO.

Addressed to	1 lb.	2 lbs.	3 lbs.	4 lbs.	5 lbs.	6 lbs.	7 lbs.	8 lbs.	9 lbs.	10 lbs.	11 lbs.
Any post office within 20 miles* including place of mailing	\$0.05	\$0.06	\$0.07	\$0.08	\$0.10	\$0.12	\$0.14	\$0.16	\$0.18	\$0.20	\$0.22
Any post office beyond 20 miles but within the Province of Ontario	.10	.14	.18	.22	.26	.30	.34	.38	.42	.46	.50
Any post office in Quebec or Manitoba	.10	.16	.22	.28	.34	.40	.46	.52	.58	.64	.70
Any post office in Saskatchewan or Maritime Provinces	.12	.20	.28	.36	.44	.52	.60	.68	.76	.84	.92
Any post office in Alberta	.12	.20	.34	.44	.54	.64	.74	.84	.94	1.04	1.14
Any post office in British Columbia	.12	.24	.36	.48	.60	.72	.84	.96	1.08	1.20	1.32

The maximum charge on any parcel shall not exceed 1 cent an ounce.

This rate also obtains in cases where the 20 mile area extends into an adjacent Province.

Articles of Mail Matter acceptable at Parcel Post rates include farm and factory products, merchandise of all descriptions such as dry goods, groceries, hardware, confectionery, stationery (including blank books, etc.), seeds, cuttings, bulbs, roots, bedding plants, scions or grafts, and all other matter not included in the first class, and not excluded from the mails by the general prohibitory regulations with respect to objectionable matter.

Parcels consisting of third-class matter may be mailed at parcel post rates, or third-class matter rate at the option of the sender.

Note C—An additional charge to meet the extra cost of transportation will be made on parcels addressed to or posted at offices in certain outlying districts when such parcels have to be conveyed more than 100 miles by a continuous stage service, such districts to be designated by the Postmaster General.

The limit of size will admit of packages 3 feet 6 inches, but the combined length and girth of any packet must in no case exceed six feet.

LOOK FOR THE
"R SHIELD"
WATERMARK



Like the sterling
mark in silver, the
Karat mark in
gold, so the Water-
mark in paper.

BOND, WRITING AND LEDGER PAPERS

Papers containing the "R shield" watermark are backed
by our reputation. Insist on this Water-
mark and you get quality.

The Rolland Paper Co.,
Limited
MONTREAL

OTTAWA

*Is Practically the only City in
Canada Where Milk Sells
for 11 cents a quart*

Elsewhere the price ranges from 12½c
to 15c a quart and in some instances is
sold wine measure, while the Imperial
Measure (25% more) is the standard in
Ottawa.

This is but one more instance where the
Ottawa Dairy working upon a service
cost of 31½ cents, has proven itself to be
the friend of the working man, especially
when the rule established by the Food
Control Board enables a spread of 5 cents
to be made, which would mean a selling
price of 13c a quart.

Have You Made Your Will?

There is nothing more absurd than the
superstition against making a will. Mak-
ing a will never hastens your death. The
failure to do so, however, complicates
matters for your family when you die.
Naming this Company as your Executor
will save confusion and assure your
wishes being competently carried out.

Prudential Trust Co'y
Limited

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Branch Offices throughout the Dominion of
Canada and in London, Eng.

Business Founded 1795.

AMERICAN BANK NOTE CO'Y
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TORONTO, 19 Melinda Street.
WINNIPEG, Union Bank Building.

On Active Service—Overseas



MARTIN MALONEY
Military Medal

PRIVATE M. J. MALONEY, M. M.

Another Hamilton young man who has won the coveted honour of the Military Medal is M. J. Maloney, who went overseas with the 86th Machine Gun Battalion in March, 1916.

After serving in the Mail Dept. in England, Private Maloney went into the trenches in France. He was in the famous charge when the Canadians stormed the heights of Paschendale despite the stronghold of German pill boxes, supported by monster guns, and he was subsequently decorated for conspicuous gallantry on the occasion.

Private Maloney is a brother of the Rev. P. J. Maloney of St. Patrick's Cathedral, Hamilton.



JAMES ANSTEY



JAMES WILSON

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IN RUBBER**



**MADE IN
CANADA**

The emblem of quality and honest workmanship for

RUBBER FOOTWEAR — "Jacques-Cartier," "Merchants," "Dominion," "Daisy," "Maple Leaf" and "Granby" brands.

"DOMINION RAYNSTERS" — a high-class Raincoat for men, women and children.

"DOMINION" TIRES for autos, trucks, carriages, bicycles and motorcycles.

DRUGGISTS' SUNDRIES, including "Diamond" Hot Water Bottles, Fountain Syringes, Hospital Sheeting, Invalid Cushions, Rubber Gloves, etc.

MECHANICAL RUBBER GOODS — Belts, Packing, Hose and Rubber Rolls.

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WHEN BUYING RUBBER GOODS, ASK FOR DOMINION RUBBER SYSTEM BRANDS

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Service Branches at Halifax, St. John, Quebec, Ottawa, Toronto, Hamilton, Brantford, London, Kitchener, North Bay, Fort William, Winnipeg, Brandon, Regina, Saskatoon, Edmonton, Calgary, Lethbridge, Vancouver and Victoria.

REFRIGERATING AND ICE-MAKING MACHINERY

**PRACTICAL AND SCIENTIFIC APPLICATION OF MECHANICAL REFRIGERATION
FOR EVERY PURPOSE WHERE COOLING IS REQUIRED.**

Our machines are **"MADE IN CANADA"** and for 25 years have been constantly and efficiently serving the Canadian public.

Write us for prices and particulars.

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Branches Throughout the Dominion

On Active Service—Overseas



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HAMILTON BRIDGE WORKS Co.
LIMITED

HAMILTON, ONTARIO

MANUFACTURERS AND DESIGNERS

RAILWAY AND HIGHWAY STEEL BRIDGES

STRUCTURAL STEEL OF ALL DESCRIPTION.

**A LARGE STOCK OF PLAIN BEAMS, ANGLES, PLATES, CHANNELS, ON
HAND FOR QUICK SHIPMENT.**

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SPRINGTIME

is near. Fresh, joyous mornings happy, cheerful days. Now let "SALADA" be your breakfast beverage clean lasting and refreshing. The very joy of those sunny Eastern hilltops is in the sealed "SALADA" packet.

'SALADA'

INGRAM & BELL LIMITED

256 McCaul St., TORONTO
(one door south of College)

We carry a complete line of all
SICK ROOM, PHYSICIANS,
NURSES AND RED CROSS
SUPPLIES

We are always pleased to quote
on any order, large or small.

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Canned Goods form a large part of your food in this country and you will want quality goods. You are sure to be satisfied when ordering one of the following brands from your dealer:

LILYVALE
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PERFECTION
PELHAM
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GARDEN CITY
GLENROSE

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E. D. S.
DREADNOUGHT
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VINE
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HIGHLANDER
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On Active Service—Overseas



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CORPORATION, Limited,
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Personal Accident Health
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SANITARY PAPER TOWELS

Use **Interlake** paper towels in kitchen, garage and office. They are economical. In public places they aid in preventing the spread of contagious diseases. They are put up under three qualities—the first, **Protecta** brand; second, **Hygeia** brand; and third, **Purity** brand.

Interlake Paper Napkins are used extensively in homes and in public institutions.

Ask your dealer or Departmental Store for our lines.

**INTERLAKE TISSUE MILLS,
LIMITED**

TORONTO AND MERRITTON

NEW FURNISHINGS

When you want anything in

**Furniture, Carpets, Stoves or
Bedding**

call and get our prices.

We are open evenings until 9 o'clock

**The Dale Furniture Co.,
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and CONVEYING MACHINERY.

Stock Carrying Dealers in Mill & Factory
Supplies of all Descriptions.

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COLLEGIATE INSTITUTE, HAMILTON

RATES TO OTHER POSTAL UNION COUNTRIES.

Letters 5 cents per ounce or fraction thereof and 3 cents for each additional ounce or fraction thereof; Post Cards, 2 cents each; Newspapers, Books, Photographs, Printed Matter, etc., 1 cent per 2 ounces; Samples, 2 cents for first 4 ounces, 1 cent for each additional 2 ounces; Commercial Papers, 5 cents for first 10 ounces, 1 cent for each additional 2 ounces; registration fee, 5 cents. Packets of Photographs for Italy exceeding $3\frac{1}{2}$ ounces in weight can only be forwarded when prepaid at parcel post rates or Letter Rate.

Samples—Being bona fide trade patterns not of a saleable value, may be mailed for Postal Union Countries, if under 12 ounces in weight (to United Kingdom 5 pounds) at 2 cents for first 4 ounces, and one cent for each subsequent 2 ounces.

Wedding Cake to the United Kingdom and Foreign Countries generally, is subject to Letter Rate or Parcel Post Rate.

LETTER CARRIERS' DELIVERY.

	a.m.	a.m.	p.m.	p.m.
Central or Business Section	7:45	10:00	2:45	4:00
Intermediate Sections	7:45	11:00	4:00	
Suburban Sections	7:45		3:00	

Matter for delivery should be mailed at the General Office 15 minutes before the above hours.

Newspapers and circulars, when in large quantities, should be mailed at Central or Branch Offices.

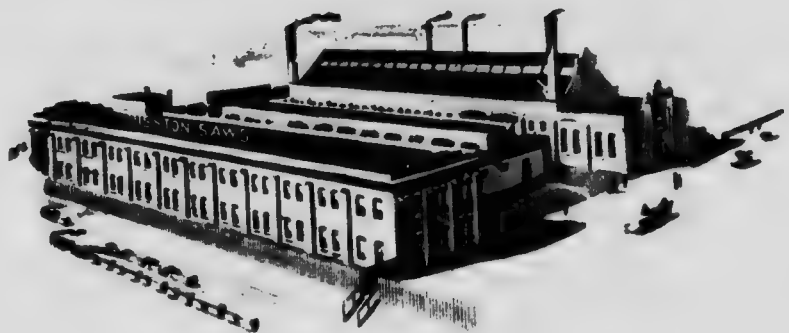
Compliments of

MASSEY HARRIS CO., LTD.

TORONTO

HENRY DISSTON & SONS, LIMITED

Factory: TORONTO Branch: VANCOUVER



CANADA'S LARGEST SAW AND MACHINE KNIFE WORKS

We manufacture a full line of Mill Saws, Circular Saws both Solid and Inserted Tooth; Circular Metal Cutting Saws; Inserted Tooth Circular Saws for cutting stone; Gang, Mill, Drag, Ice Saws; a full line of Crosscut Saws; Band Saws; Band Resaws; Machine Knives, Planer, Moulding Knives, Moulding Blanks, Shaper, Steel Paper Trimming Knives a specialty; Veneer Knives, Chipper Knives and Bed Knives; Thin, High Speed Steel Planer Knives.

WE CARRY A VERY LARGE ASSORTED STOCK OF DISSTON FILES AND TOOLS.

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Winnipeg, Man.
Saskatoon, Sask.
Regina, Sask.

Port Arthur, Ont.
Moose Jaw, Sask.
Yorkton, Sask.
North Battleford, Sask.

Lethbridge, Alta.
Edmonton, Alta.
Vancouver, B. C.

Formerly The Leeson, Dickie, Gross & Company, Limited, at Vancouver, The Riley Ramsey Company Limited at Port Arthur, and The A. Macdonald Company Limited, at other points. The three organizations are now united under one name. No change in location, policy, management, ownership or service.

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Abingdon	Empire	Lowville	Ryckman's Corners
Alberton	Echo Place	Lynden	Sheffield
Aldershot	Flamboro Centre	Lythmore	Sheridan
Ancaster	Freelton	Mansewood	Sinclairville
Appleby	Freeman	Merton	Six Nations
Ash	Fruitland	Middleport	Smithville
Binbrook	Fulton	Millgrove	Southcote
Bartonville	Glanford Station	Milton	Strabane
Basingstoke	Grassie	Moffat	St. George
Beach Park	Greensville	Morrison	Stoney Creek
Blackheath	Grimsby	Mount Albion	Tangsley
Boyer	Grimsby Centre	Mount Hamilton	Taplestown
Bronte	Grimsby East	Mount Healey	Trafalgar
Burlington	Grimsby Park	Mount Hope	Troy
Cainsville	Hamilton	Mount Nemo	Tweedside
Caistor Centre	Hamilton Beach	Mountsberg	Tyneside
Caistorville	Hamilton Piers	Nebo	Vinemount
Caledonia	Hannon	Oakville	Waterdown
Campbellville	Harpers Corners	Ohswegen	Weir
Carlisle	Harrisburg	Omagh	West Flamboro
Carluke	Homeside	Onondaga	West Hamilton
Chedoke	Ira	Orkney	Willow Grove
Copetown	Jerseyville	Palermo	Winona
Deans	Kelso	Port Nelson	Woodburn
Drumquin	Kilbride	Puslinch	York
Dundas	Kirkwall	Rockton	Zimmerman

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Hamilton, Canada

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Manufacturers

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GEORGE HAMILTON

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Hon. Robert Hamilton, of Queenston, Upper Canada, trader, magistrate and member of the first Provincial Legislature, has several sons; of these, George, has the most prominent place in History. He was born at Queenston, and was educated at Kingston by Mr. (afterward Bishop) Strachan, who was brought out from Scotland about 1800 by Hon. Richard Cartwright as tutor to his own sons and the sons of his friend Robert Hamilton.

In 1812 George Hamilton bought the farm of Capt. James Durand, who at that time was in command of a company of the 5th Lincoln regiment of militia engaged in defence of Canada. This farm was east of James street and south of King. His younger brother, Peter Hunter Hamilton, later bought the farm west of James street. In 1813, George thought the time opportune for a real estate subdivision business and made a survey of town lots. There were already several business ventures at "The Head of the Lake," as the incipient city was then called, scattered along the old Indian trail, now called King street. Hamilton's enterprise gave an impetus and a name to the straggling village.

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Lighter Day Range

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WINNIPEG CALGARY EDMONTON
VANCOUVER



Niagara Falls.

Lake Ontario is separated from Lake Erie by the Niagara River, in whose short and tumultuous course occurs the most stupendous cataract on the face of the globe. Before reaching Niagara Falls the River descends about 50 feet in less than a mile, over limestone rocks, and then plunges 165 feet perpendicularly. For seven miles more the torrent rushes through a narrow gorge, varying from 200 to 400 yards in width and 300 feet deep. It then emerges into a flat, open country at Queenston, and after a further flow of about 12 miles glides peacefully into Lake Ontario.

Every Delegate should visit the "Falls."

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A "War Tax" is to be levied upon all Money Orders issued in Canada at the rate of two cents on each order, irrespective of the amount of the Order.

The rates of commission on orders issued in Canada for payment in Canada, Antigua, Bahamas, Barbados, Bermuda, British Guiana, Cayman Islands, Dominica, Grenada, Jamaica, Montserrat, Nevis, Newfoundland, St. Christopher (St. Kitts), St. Lucia, St. Vincent, Tobago, Trinidad, Turk's Island, Virgin Islands, are as follows, viz.:

For sums under \$10.	5c.	Over \$50 and up to \$60.	20c.
Over \$10 and up to \$30.	10c.	Over \$60 and up to \$100.	25c.
Over \$30 and up to \$50.	15c.		

The rates of commission on Orders payable in the United Kingdom, British Possessions, and all other countries upon which Money Orders may be obtained, except those mentioned above, are as follows, viz.:

On Orders up to \$5.	5c.	Over \$50 and up to \$60.	60c.
Over \$5 and up to \$10.	10c.	Over \$60 and up to \$70.	70c.
Over \$10 and up to \$20.	20c.	Over \$70 and up to \$80.	80c.
Over \$20 and up to \$30.	30c.	Over \$80 and up to \$90.	90c.
Over \$30 and up to \$40.	40c.	Over \$90 and up to \$100.	1.00
Over \$40 and up to \$50.	50c.		

Owing to the unsettled state of New York exchange the rates of commission on Money Orders issued for payment in the United States, Cuba, Guam, Hawaii, Isle of Pines, Panama Canal Zone, Philippine Islands, Porto Rico, Tutuila (Samoa) and Virgin Islands of the United States, cannot be furnished in advance.

Information as to the rates in force from time to time can be obtained at the Money Order Office.

Remitters of Money Orders payable in France, Transvaal, United Kingdom, British Agencies abroad, Mexico and those Countries and Colonies with which the money order exchange is conducted through the United Kingdom, by the payment of 2c. additional to the usual Commission, either when purchasing the order or afterwards, may obtain an acknowledgement of the receipt of the amount by the payee.

Money Order Business is transacted at Sub-Offices:

- No. 2 at 493 James St. North, 8 a. m. to 7:30 p. m.
- No. 3 at 182 Ferrie St. East, 8 a. m. to 7:30 p. m.
- No. 4 at 306 James St. North, 8 a. m. to 7:30 p. m.
- No. 5 at 423 King St. West, 8 a. m. to 7:30 p. m.
- Station "B" at 688 Barton St. E., 8 a. m. to 7 p. m.
- Crown Point at 29 Campbell Ave., 8 a. m. to 7:30 p. m.
- Mount Hamilton, 502 Concession Street.



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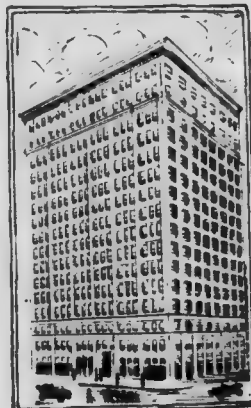


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Samples of merchandise, matter wholly printed or lithographed (except billheads, letterheads and envelopes), circulars, catalogues, pamphlets, books, maps, prints, drawings, plans (without specifications), engravings, photographs (when not on glass or in cases containing glass), visiting cards (when printed or engraved), sheet music (whether printed or written), official or private post cards in quantities, the manuscript of books or newspapers, whether hand written or typewritten; the following partly printed and partly written matter: militia and school returns, customs manifests, voters' lists (when written or partly in writing), school or college examination papers, municipal assessment rolls, Dominion and Provincial Government returns on official blanks, and all partly printed and partly written Dominion and Provincial Government documents, statute labor returns, municipal returns in general, botanical, entomological and mineralogical specimens, are subject to a rate of 1 cent per 2 ozs. or fraction thereof.

Circulars produced in imitation of type-writing, or by a multiplying process easy to recognize, but not the direct production of the typewriter, 1 cent per 2 ounces, when at least 20 copies in precisely identical terms are handed in to the Post Office at one time.

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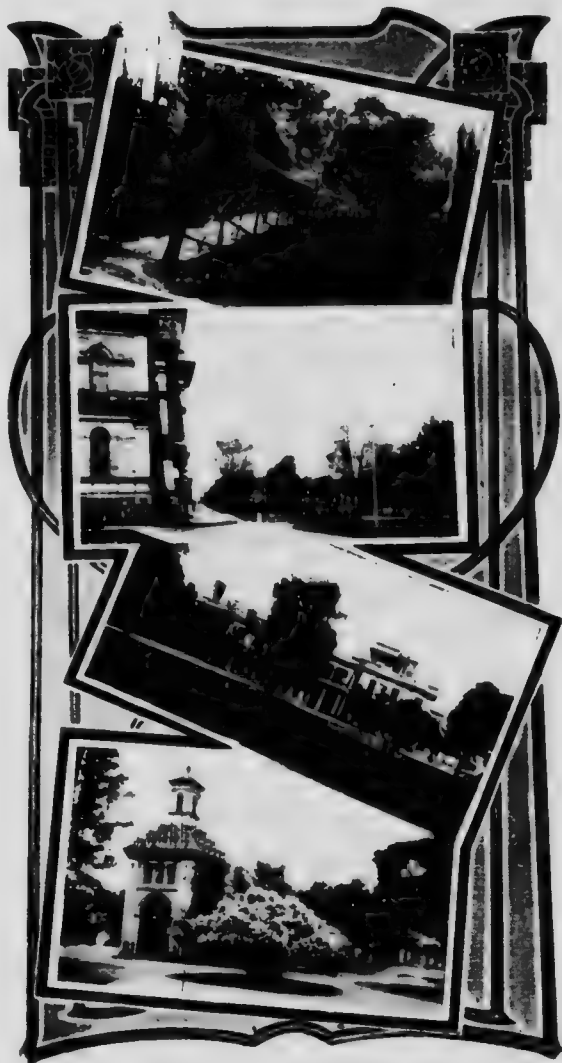
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WINDSOR MILLS, P. Q.



Interesting Facts About Hamilton.



Population, 107,832.
 Population of Tributary Territory, ex-
 cluding Toronto, 375,000.
 Area of City, 7,500 acres.
 Water Mains, over 235 miles.
 Sewers, 135 miles.
 Asphalt Roadway, over 55 miles.
 Cement Walks, 250 miles.
 Public Parks, 16.
 Streets, 450.
 Houses, 22,000.
 Manufacturing Industries, 450.
 Banks and Branches, 31.
 Hotels, 45.
 Steam Railways, 7.
 Steamship Lines, 6.
 Suburban Electric Railways, 4.
 Suburban Electric Railroads, 83 miles.
 Street Railway, over 35 miles.
 Churches, 83.
 Hospitals, 4.
 Daily Newspapers, 3.
 Public Libraries, 3.
 Public Schools, 34.
 Private Schools, 4.
 Collegiate Institute, 1.
 Technical School, 1.
 Normal School, 1.
 College of Music, 1.
 Theatres, 11.
 Police, 110.
 Fire Stations, 10.
 Firemen, 95.
 Bank Clearings, 1916, \$200,811,087.00.
 1917, \$244,401,339.00.
 Custom Collections, 1916, \$5,696,548.73.
 1917, \$6,924,991.32.

POST OFFICE HOURS.

General Delivery from 6:00 a. m. to 9:00 p. m.
 Registration Branch from 7:00 a. m. to 9:00 p. m.
 Money Order and Saving Bank Branch from 8:00 a. m. to 9:00 p. m.

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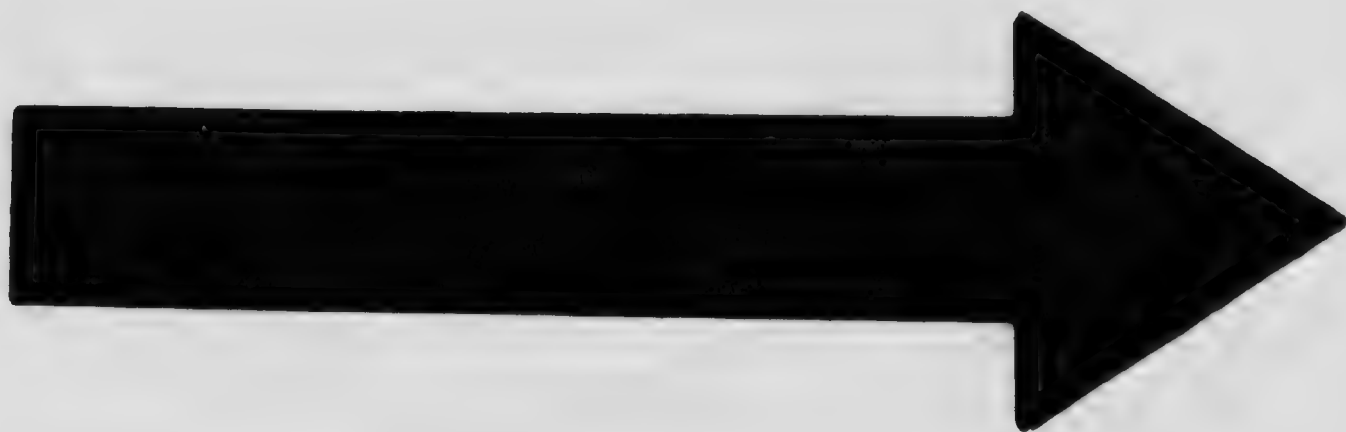
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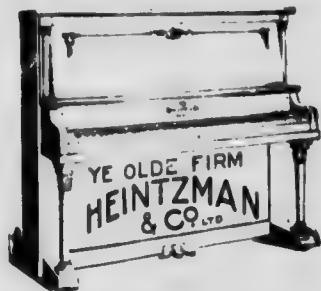
WILLIAM A. McDONALD first made his entrance into the Civil Service as a Letter Carrier, in the year 1900. Shortly afterwards he made application for admission to membership with Branch No. 3, Federated Association of Letter Carriers, and was duly received. He was greatly impressed with the aims and objects of the Branch, and became an enthusiastic and active worker thereof. At all times he took a keen and appreciative interest in all matters pertaining to its well-being. His advance was rapid, and in addition to serving on all important Committees, he successfully held the various minor offices, and was finally honored and elevated to the Presidency, the highest office in the gift of the local Branch. His work in these several spheres of activity was always creditable to himself and satisfactory to the brothers. His best and most appreciated work was done during his eight years incumbency of office as chief Secretary, from which position he voluntarily retired at the expiration of the last term. To the duties of this office he brought energy, tact, skill and devotion.

His records and accounts were models of reliability and accuracy. He was always ready to give the benefit of his knowledge and experience to those less advanced. He was never envious, and jealousy seems never to have had a place in his composition. He was a tower of strength to all needing assistance or encouragement. He was a man of strong convictions, and had the manly courage to express them. He never catered to anybody, nor assumed a patronizing, simpering attitude. He always respected the opinions of those who differed from him, and gave them credit for being honest and sincere.

He had strong executive ability; he took a hold of most uncongenial tasks, and pressed them to a successful solution, never for a moment swerving from what he conscientiously believed to be right. He has turned the oasis of adverse circumstances into a place that is now fragrant with the aroma of his well achieved laurels.

In appreciation of his invaluable services, and because of his mature knowledge and experience, and his acquaintance with the needs of the Association, he has several times been selected to represent the Branch as their delegate to the Biennial Session of the General Federated Body of the Dominion.

On the resignation of Past President W. H. Hoop of Winnipeg, Bro. Victor P. Beaupre of Montreal was elected President and Bro. MacDonald was elected Vice-President, and has been acting President since the resignation of Bro. Victor Beaupre, about three months ago. He will preside at the ensuing Biennial Session to be held in Hamilton, Ont., in September next. That further honors await this man of tireless energy and active work goes without saying.



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Sketch of Work of Federated Secretary-Treasurer

ALEXANDER McMORDIE, our esteemed Dominion Federated Secretary, has held that position continuously since the 16th Sept., 1891, that being the date of the first Convention of Letter Carriers for the Dominion of Canada, which was held in the City of Toronto on above date. It takes a man specially fitted for a position of that kind to enable him to hold the esteem and respect of the membership generally for so many years, but Bro. McMordie was the right man in the right place. The Letter Carriers from one end of our Dominion to the other know that "Mac" has been the principal factor in building up their organization from very few in number to the strength it enjoys to-day both numerically and financially.

We can safely say there is not a man in the service to-day who is better informed on world-wide Civil Service Legislation. Bro. McMordie was appointed to the service on the 15th Dec., 1883, and on account of failing health was superannuated on July 1st, 1913, serving nearly 30 years as a letter carrier.

We are pleased to be able to say that Bro. McMordie during the last few years has so greatly improved in health that he will be spared to serve us, we hope, as in the past for many years to come.

At the Convention held in the City of Winnipeg in August, 1913, the delegates were in a quandary as to whether our Federated Secretary would continue in office, he having been superannuated the July previous, and they considered it would be almost a calamity to the Association to lose his services. A special committee was appointed to deal with the matter, and arrangements were made whereby our Association was able to retain the services of Bro. McMordie as Permanent Federated Secretary. It would not seem like a Letter Carriers' Convention unless "Mac" was on the job.



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History of Branch No. 3 Hamilton Letter Carriers Association

BRANCH No. 3, Letter Carriers' Association, Hamilton, was organized in the year 1891 at a meeting held at the old Gore Coffee Tavern, Hughson St. N. At this meeting the following Carriers were present: Messrs. Cootes, Flocks, Franks, North, Thomas, Hanlon, Dowrie, Bolston, McKeown, Cox, Wilson, Fielding, Ansty, Austin, James, Gardner, McDonald, Thomas Charters, Lawrence, McFarlane, Fearnside, Guy, A. Thomas, Strongman, Phillips, Springate.

John North was elected Chairman and Wm. James Secretary. The organization at this time was for the good and welfare of the Hamilton Letter Carriers, there not being a Federated Organization at this time. The wages of a Carrier was minimum \$30 per month, maximum \$50 per month, with \$1 per month for superannuation. In 1892 the present Federated body, Dominion wide, was organized in Toronto, and the Hamilton Branch was represented at the Toronto meeting by D. Dawrie and Wm. James.

At a meeting held shortly after the Toronto meeting, the Hamilton Carriers decided to enter the F. A. L. C., being granted No. 3 charter. For a number of years the Hamilton Branch held only its yearly meetings. At this time only insurance members were allowed in the organization. In later years non-insurance Carriers were allowed to join. As the Branch grew bigger monthly meetings, instead of yearly meetings, were held. At the present time the membership is 120.

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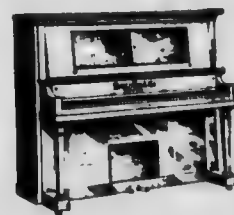


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United Kingdom	12 "	12 "	11 "

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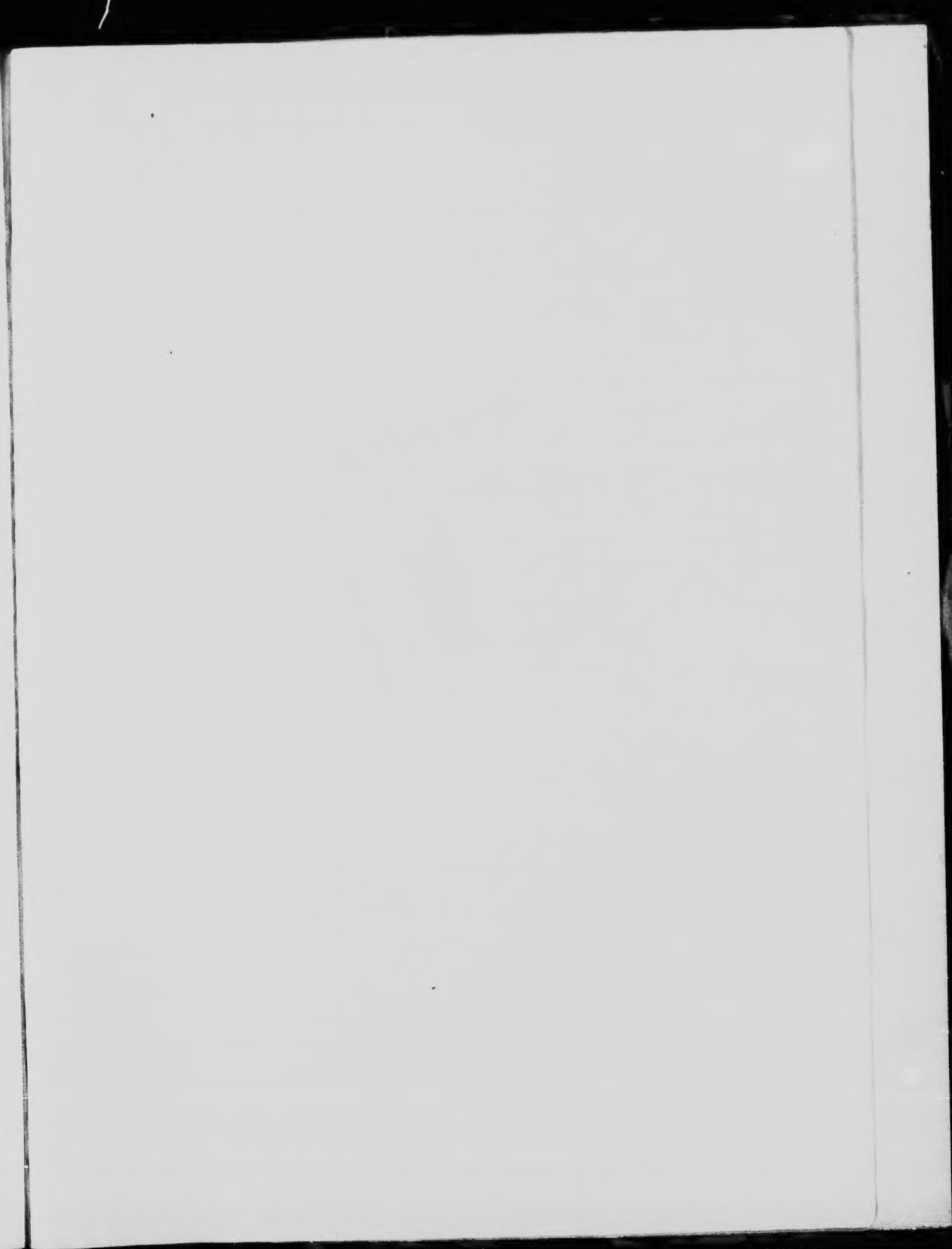
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